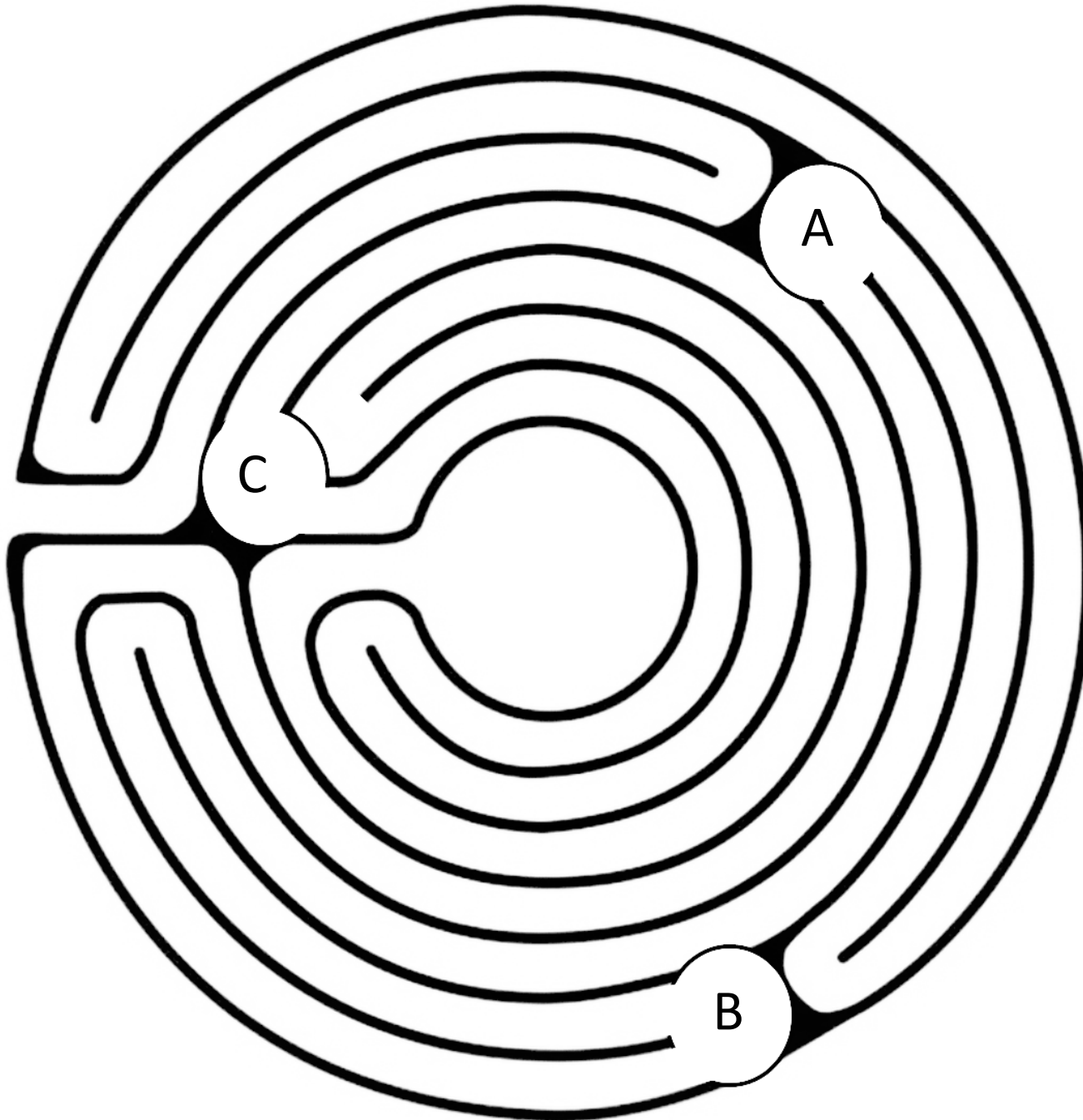


The Labyrinth—a very safe path



Many of the writers of the Bible mention life as a path and God guiding us along it. The labyrinth is a very safe path because you can follow it into the centre and out again without getting lost. Follow this labyrinth and stop at A, B and C.

On the way in, reflect on (think about) :

- At A - things that are good today
- At B - things that have been difficult today
- At C - the good things and the difficult things in the world

On the way out pray silently to:

- At A - say thank you for good things
- At B - ask for strength to learn from difficult things
- At C - ask God to be with everyone who is facing difficult challenges or choices