

Key to Icons



Adult

Suitable for use with adults



Children

Suitable for use with children up to age 11 years



Youth

Suitable for use with young people from the age of 11 years



Group

Designed for small group use



Individual

Designed for individual use



Enquirers

Designed for those enquiring about the Christian faith or wanting a 'refresher' course on Christian basics



Early stages

Suitable for helping those who are new to the faith to grow as disciples.



Mature

Suitable for use by those who have an established faith



DVD

Course material on DVD so a DVD player is required



Book

Course material available in book or manual format



Web based

Course material is accessed online



Duration

The number on the calendar indicates the number of sessions that the course lasts

Discipleship Resources

Where no direct web link is given try an online supplier such as www.eden.co.uk

ALF (About Life & Faith)

www.ariseministries.org.uk

A discovery course for children aged 7-11. Using activities, games, crafts, interactive teaching and professionally produced DVD, *ALF* has been produced 'to help children to discover the message of God's love in fun, exciting and interesting ways.'

Consists of 6 main themes; enough material to run as a 3 month programme.

ALF 2, in a similar format to *ALF*, is a discipleship course designed to help children aged 7-11 to discover how they can follow Jesus.

ALF Year of outreach, is an easy to follow guide to effectively use the other two resource in a years programme.



Alpha

www.alpha.org

The *Alpha* course is described as "an opportunity to explore the meaning of life." Aimed at those enquiring about Christian faith and those wanting a refresher course, it tackles topics such as 'Who is Jesus?' and 'Why and how do I pray?' in a relaxed, non-threatening setting over ten thought-provoking weekly sessions.

It is supplemented part-way through the course by a day or weekend away. Each session consists of a shared meal, a talk on one of the topics followed by discussion in small groups.

Widely used in the UK and now in many other countries too, *Alpha* is endorsed by all the major Christian denominations.

Great wealth of resources available – DVDs, participants booklets, prayer ministry training, administrator's handbook, etc.

Alpha Express is a new abridged course in which each talk lasts 20 minutes.

Also available:

Alpha in a Catholic context, Alpha for Forces, Alpha for Prisons, Alpha in the Workplace, Student Alpha, Youth Alpha.

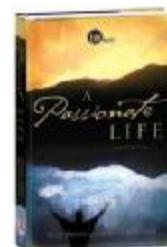


A Passionate Life

www.lifeshapes.com

This course for small groups is based on the lifeshapes teaching pioneered by Mike Breen at St. Thomas' Sheffield. It covers life balance and spiritual growth and discipleship all based upon geometric shapes as aide memoir such as 'a circle of repentance' and 'triangle of relationships'.

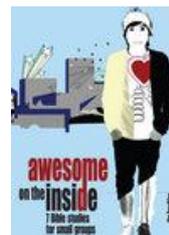
The format is 15 minute DVD presentation with leaders and participants guide, one week on each shape/topic.



Awesome on the inside – Bible study

www.thegoodbook.co.uk

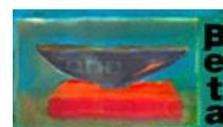
These seven Bible studies uncover how God wants to change us from the inside out. 'Each carefully crafted session will help teenagers express their own feelings, and discover the truth about themselves, from God's Word.'



Beta

www.beta-course.org

Designed for Christians seeking to develop their faith, personal lives and church community. Described as an holistic 10 week course linking Christian faith with personal development and pastoral care. The course emphasises the need for healing and wholeness, both personally and in our relationships.



Cell UK resources

www.celluk.org.uk

Cell UK publish a full range of cell group resources from basic information to practical support guides for leading and supervising small groups.



Christian Life &...

www.christianlifeand.com

This series of well presented DVD small group resources includes 'Christian Life &... The bible, Global Mission, Today's world' and as a seeker resource '& Why it makes sense'. This last course is based upon Stephen Gaukroger's excellent book of the same title and includes sessions on 'Why no-one is listening', 'Why bad things happen' and 'Why God exists'. The pack includes DVD leaders and participants handbooks.



Christianity Explored

www.christianityexplored.com

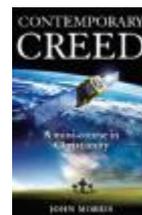
A 10 session course based on Mark's Gospel that explores who Jesus is, why he came and what it means to follow him. Described as 'an informal course for people who'd like to investigate Christianity, or just brush up on the basics'. Involves teaching input, Bible study and group discussion. Full resource materials available, including comprehensive teaching material on CD plus free downloads from CE



Contemporary Creed

www.contemporarycreed.org.uk

Contemporary Creed aims to translate ancient beliefs into today's language. It is written for those who, like the author, do not find it easy to believe and whose faith is married to doubt. It offers an intelligent pathway through sixty intellectual problems of traditional Christian beliefs.



CY

www.christianityexplored.com

A seven-week journey into Mark's Gospel for young people. Designed to bring young people to a clear understanding of the gospel with the aid of specially written talks, Bible studies, games and activities.



Deeper Encounter: Total Forgiveness

www.scriptureunion.org.uk

At one level, forgiveness is simple - the free gift of grace bought for us on the cross of Christ. But the realities can be more challenging. Drawing on insights from the Gospels and 1 John, there are seven sessions for confident small groups, accompanied by an audio CD and printable notes for each group member so only one copy per group is required.



Deeper Encounter: Serve the Lord

www.scriptureunion.org.uk

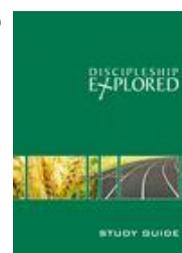
We readily accept that the career missionary serving overseas has been 'called' by God. But can the Christian working on the supermarket checkout, or caring for children at home, be said to be 'called'? Seven sessions for confident small groups, accompanied by audio tracks on CD, and with question sheets also on CD so only one copy per group is required.



Discipleship Explored

www.christianityexplored.com

An 8 session course based on the book of Philippians, designed to help new Christians to become grounded in the faith and as a refresher for more established Christians. For new Christians, *Discipleship Explored* would make a helpful way in to regular Bible study. User and leader's guides available.

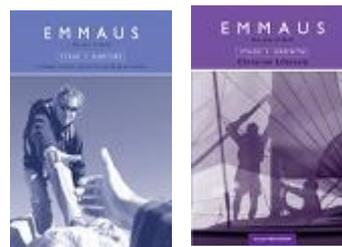


Emmaus

www.e-mmaus.org.uk

Emmaus is a full programme of resources for teaching Christian basics and developing the discipleship of more mature Christians. It consists of a variety of short courses (usually 4-6 sessions each) for use in small groups. Less direct teaching input, more emphasis on discovery as people journey together. *Emmaus* demands more of small group leaders who need some facilitation skills.

Excellent range of materials; leader's and session notes in A4 format manual and on CD with permission to copy notes for course members.



Youth Emmaus

www.e-mmaus.org.uk

Designed to help those aged 11 to 16 explore the basics of the Christian Faith. As with the adult course usable materials. Duration 13 weeks.

Youth Emmaus 2

A fourteen-session interactive discipleship course for young people, designed to help 11- to 16-year-olds integrate their faith into life and to equip them as worshippers and disciples.



kids@essence

www.cpas.org.uk

kids @essence is a leaders guide, containing six activity sessions primarily for children aged 7-11. It contains photocopiable templates to support the craft activities and a CD which includes Bible readings, music and meditations. Aimed to help children explore Christian spirituality, to look at their world and to discover their place in it.

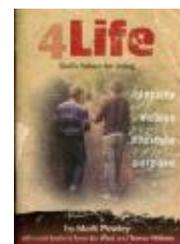


4 Life

www.celluk.org.uk

This is a flexible course from Cell UK comprising 4 units of 10 readings to be undertaken by the participant and their sponsor with a meeting after each unit. The four units are on 'Identity, values, lifestyle and purpose' all approached from a firm biblical base but with engagement and imagination. The small book is usefully topped and tailed by beginners guide to Christianity and helpful appendix. Small group notes are also available in a cell note format.

This is not exclusive for those in involved in cells although it does mention cells on a couple of occasions so this would need to be noted before embarking on it.



Fawcett Bible Studies

Seven courses for group use. The series consists of the following topics: Living with Questions, Paul, Something to Share, Prayer, Unsung Gifts, Love, Women of Faith.



Foundations21

www.foundations21.org.uk

Online modular study programme, offering flexibility and a choice of four learning styles. Designed to allow everyone to explore what it means to be a disciple of Jesus Christ and to discover their own personal direction in Christian service.

For new and experienced Christians, a combination of personal exploration and interaction with other people.



Foundations

– Purpose Driven Discipleship

www.purposedriven.co.uk/resources

Described as a course exploring '11 core truths to build your life on'. *Foundations* is a resource for teaching Christians the essential doctrines of Christian faith, providing the theological basis for living a purpose-driven life.

DVDs, participants and leaders guides available.



Freedom in Christ

www.ficm.org.uk/discipleship

A 13 week course designed to help every Christian understand the truth of who they are in Christ, resolve personal and spiritual conflicts and become a fruitful disciple. Described as 'an easy and effective way for any church to implement effective discipleship. Excellent range of resources including leader's and participants workbooks. Course teaching available on CD and on DVD.



God is closer than you think

www.zondervan.com

A 6 session study course by John Ortberg. A resource that is aimed at helping Christians experience God's presence in the business of everyday life, hear God speak in ways that can be understood and discover God's desire to be with us in the present moment.

Sessions include DVD clips, Bible study and group discussions. Participant's guide, leader's notes, DVD available.



God's Good Fruit



A study course on the fruit of the Spirit for groups and individuals. Based on St. Paul's metaphor of the fruit of the Spirit to depict Christian character, the study looks at the nine aspects of 'God's Good Fruit'.

As each virtue is examined we see that it is a reflection of the nature of God.



Good Book Guides



www.thegoodbook.co.uk/Bible-Study/Good-Book-Guides

An extensive range of Bible study courses for small group use. Various levels and 'pathways' to suit different levels of Christian maturity and Bible knowledge. Each guide features the study material itself plus leader's notes and optional extras to adjust the length of the study. Each session seeks to uncover the meaning of the Bible passage and see how it fits into the big picture of the Bible and also leads people to apply what they have learnt to their lives.



If you want to walk on water, you've got to get out of the boat

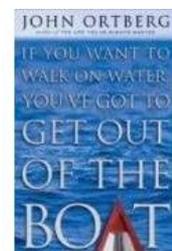


www.zondervan.com

A 6 session study course based on the book of the same title by John Ortberg. A resource for Christians that is a 'journey on learning to trust God.' Relating the story in Matthew 14 to life today, the course aims to help participants 'discover how to discern God's call, transcend fear, risk faith, manage failure and trust God.'

Sessions include DVD clips, Bible study and group discussions.

Range of materials available including participant's guide, leader's notes, DVD.



Imagine how we can reach the UK



www.licc.org.uk/imagine

This 50 minute film explores the main reasons for the church's difficulties in envisioning, equipping, resourcing and supporting Christians for today's world and proposes a simple but radical way forward, focusing on two great biblical truths the concern of the Creator-redeemer God for every aspect of our lives and Jesus' mandate to make disciples not converts.

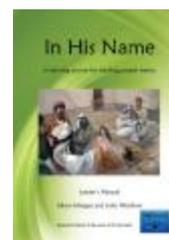
The DVD comes with extra resources making it highly flexible for use in one, two or three session formats in small groups, cells, leadership teams or churches.



In His Name

www.resource-arm.net

This course is described as contemporary navigational aid for churches and Christian groups wishing to offer healing prayer to those suffering physical ill health, emotional dis-ease and spiritual oppression. The sessions are well planned with full support available from the Re-source organisation.



Journeys

www.willowcreek.org.uk

A five week DVD journey exploring the Christian faith through real people, amazing stories and changed lives. Designed to introduce interested 'spectators' to Christianity, utilising a unique blend of stories of faith, told by regular people whose lives have been impacted by God. Journeys features powerful interviews about spiritual encounters, and shows how faith works at 'street level'.

The course covers the following key topics:

Week 1 - Is there a spiritual side to me?

Week 2 - If God and heaven exist what are they like?

Week 3 - Does this faith thing work in real life?

Week 4 - Does God have real power to change things?

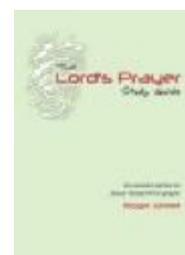
Week 5 - Crossing the line – what's that like?



Lord's Prayer Study Guide

A six session study series for use in small groups built on the prayer that Jesus taught his disciples.

The book includes a guide to leading a group effectively so that new leaders may be nurtured.



Landings

www.landingsUK.org.uk



Developed by the Paulist Fathers in the USA, *Landings* is currently used in several Roman Catholic dioceses in the UK. Described as a "ministry of compassionate listening" it allows people who have been away from regular worship to tell their stories and share their experiences within a small friendly group (a mix of other 'returners' and ordinary parishioners). Lay-led, (apart from the sacramental ministry at the final retreat day that follows the 8 weekly meetings), it is highly structured yet gentle and enjoyable, focusing on faith sharing and prayer.

Landings is a dedicated programme for welcoming Catholics back to the Church, although with a few slight modifications it has been successfully used in other contexts too. It can't be 'bought off the shelf' but is taught at workshops.

Lifemaker Series



www.scriptureunion.org.uk/Shop/Resources/Lifemakerseries

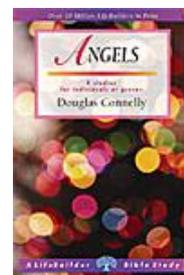
An extensive series of inductive Bible studies for individual or group use. The aim of the studies is stated as being to help people build their lives on God's word and be transformed by its message. The material is produced in booklet form including group leaders' notes.

Examples include:

Topical studies: Christian beliefs, Christian character, Evangelism, Parables, Fruit of the Spirit, (12 studies each) and Angels (8 studies).

Old Testament books: Joshua, Psalms, Daniel (12 studies each)

New Testament books: Matthew (24 studies in 2 parts), Ephesians (13 studies), and James (11 studies).



Lifelines

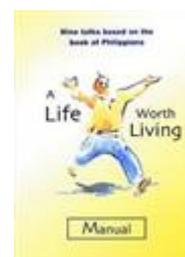
Lifelines is described as an accessible guide for use in Christian study groups, house groups and other small group settings and is intended for those interested in exploring, or new to, the Christian faith. It looks at some of the issues that concern everyone in a society where God has been marginalized or forgotten.



A Life Worth Living

A 9 session course aimed specifically at those who are just starting out in the Christian life (but the course would benefit any small group) it explains how it is possible to live the Christian life positively, practically and joyfully. Based on the book of Philippians it follows the *Alpha* format of a meal, then a talk followed by discussion.

Study manual, leader's manual; and DVDs available



Living Faith: Exploring the Essentials of Christianity

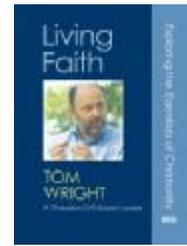


www.spck.org.uk/livingfaith

Written by Bishop Tom Wright *Living Faith* is a 10 session DVD-based course in which the author helps us explore the essential truths of the Christian faith.

For new Christians and those looking for a better understanding of the basics of the faith.

DVDs, study guides and leader's guide available.



Now a Christian



www.nowachristian.org/

This course from the Church Army involves receiving an email every day for five weeks that will help you to make your own decisions about the difference that having a Christian faith will make to your life. Common issues are addressed and a weekly podcast and interactive website are available.



Play your Part



www.windmillsonline.co.uk

This six session resource is designed to help Christians live out their faith in every aspect of their life. It offers creative perspectives to reflect on key questions such as; Why am I here? What has God created me for? How can I become more Christ-like in all that I am and do? It can be used by individuals or in group settings.

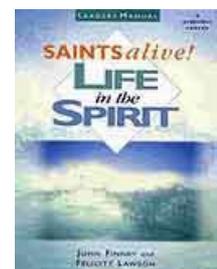


Saints Alive! Life in the Spirit



www.resource-arm.net

This course is ideal for helping to bring renewal into the life of the Church. It has proved useful for people enquiring about the Christian faith, seeking deeper commitment, exploring the work of the Holy Spirit and for baptism and confirmation preparation.



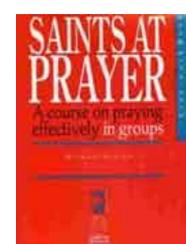
Saints at Prayer



www.resource-arm.net

An ideal resource to teach and encourage people to pray in groups with confidence.

It makes a good follow up to *Alpha* and *Emmaus* courses.



Sean (Study by Extension for All Nations)

www.sean.uk.net

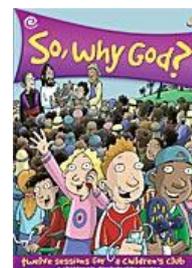
A range of courses available for new and more mature Christians to enable ongoing discipleship. E.g. *Life to the full* - 18 home studies to help new Christians think through the basics of living out their faith as new believers. Described as 'ideal for post-Alpha'.



So, Why God?

www.scriptureunion.org.uk

A 12-week discipleship course for children. Each session takes a genuine question that children ask and seeks to answer it through exploring Bible passages and using the testimony of group leaders. Children are given time and space to explore the questions and are also given the opportunity to ask questions of their own. Fun activities and ways to engage with the Bible are outlined for leaders to use, as suits their groups.



Square Mile

www.eauk.org/squaremile

Square Mile is an Evangelical Alliance initiative which aims to catalyse and equip Christians to take a truly integrated approach to mission, expressed in four dimensions:

Mercy: demonstrating God's compassion to the poor.

Influence: being salt and light in the public life of the community.

Life Discipleship: equipping Christians for missional living as workers & neighbours.

Evangelism: faithful and relevant communication of the gospel.



Start!

www.leadingyourchurchintogrowth.org.uk

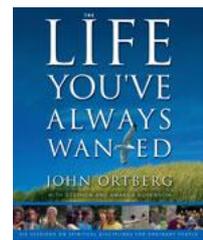
Start! is a basic six-session introduction to the Christian faith for use in small groups. The sessions assume no previous knowledge of anything Christian. They use a mix of DVD input, time to chat, simple discussion activities and space for reflection. Designed primarily for a group of about five to ten members with two leaders. As well as those who want to know more about Christianity, *Start!* works well with baptism families, wedding contacts, bereaved families, parents of children and teenagers and those who are new to the church.



The life you've always wanted

www.zondervan.com

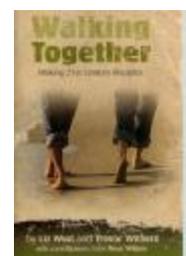
A 6 session study course by John Ortberg. A resource that aims at guiding participants 'down the ancient path of the spiritual disciplines.' It looks at how we may grow in discipleship through integrating the spiritual disciplines into our lives. Sessions include DVD clips, Bible study and group discussions. Participant's guide, leader's notes, DVD available.



Walking Together

www.celluk.org.uk

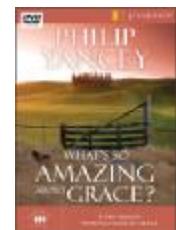
This small booklet is a good simple guide to discipleship. It looks at discipleship within our culture and how to build and maintain a mentoring relationship. It combines theological reflection with practical pointers.



What's so amazing about grace?

www.zondervan.com

A 10 session study course by Philip Yancey based on the award winning book of the same title. The course aims to help participants understand what grace is and to experience its life-changing power. Sessions include DVD clips and group discussions. Participant's guide,



Willow Creek Bible Studies

www.willowcreek.com

An extensive range of Bible study series on various themes for use in a small group setting. Each series has a number of themes each of which is covered in 6 or more sessions. They span the range from learning the essentials of the Bible, to deeper spiritual development, to answering challenging questions about our faith. The studies are described as 'ideal tools to facilitate life-changing small groups.'

All series are available as study books.

Examples of study series titles:

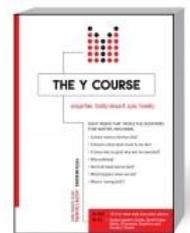
Bible 101, GIGs (Groups Investigating God), Interactions, Jesus 101, New Community, Pursuing Spiritual Transformation, Reality Check, Tough Questions, Walking with God



The Y Course

www.ycourse.com

This eight session course helps 'people face life's biggest questions and introduces them to Jesus.' It is deliberately geared to those with no faith background, the style is contemporary with 16 six minute chat show style discussion starters on DVD to be selected by group leaders. A 'how to' leaders resource is available, each participant is encourage to read the core material in The Book of Y. The delivery of the material is in a particular down to earth flavour so is worth a look on the website to see if it's for you.



York Courses

www.yorkcourses.co.uk

A range of short study courses (5 sessions) designed for Lent or any other season. All courses include well-known Christian leaders on CD/audiotape and are accompanied by a course booklet with questions for groups.



Discipleship resources for fresh expressions

Exilio

www.exilio.forge.org.au

Based on Michael Frost's book Exiles this 24 week long course from Australia is 'for those who want to understand more about what it means to be missional in a world that no longer sees itself as christian.' Over the weeks the participants will be required to read one of the four sections of the book, to gather in a small cluster group and to explore what their learning means to them.

There is an accompanying 12 week bible study "Ignition" and a number of individual tasks to ensure that it is a practical rather than solely academic exercise.



Glad you asked

www.inovista.org

This course is based upon questions asked initially by students.

The first six weeks are common questions ['How can God allow pain', 'Don't all religions lead to God?' etc.] which can be used in any order the last four 'Questions Jesus asked' are designed to be used sequentially leading to an invitation to Christian commitment. The format consists of welcome activity with or without meal followed by DVD and discussion.



Faith-sharing courses

Many Christians lack confidence in their ability to share their faith, feeling inadequate and then guilty, or else uncomfortable with perceived stereotypes of evangelism.

The following resources are specifically designed to enable Christians to gain confidence in sharing their faith. All these resources are most effective as part of a broader ongoing strategy for evangelism within the life of the local church.

Becoming a contagious Christian

www.willowcreek.com

Becoming a Contagious Christian is a well-tryed, 6 session course designed to equip Christians for effective relational evangelism in today's world. It avoids stereotyped approaches that feel intimidating to many Christians. Instead, it shows ordinary believers how they can share the gospel in a natural and powerful way while being the person God made them to be.

Each session's exercises, discussions, self-assessments, and video

vignettes give step-by-step guidance to help participants become effective communicators for Christ to those around them.



The aim of the course is described as being to enable Christians to:

- Demonstrate a contagious Christian character
- Build spiritually strategic relationships
- Direct conversations toward matters of faith
- Communicate their faith in a style that's personal and natural
- Explain biblical truths in a style that's personal and natural
- Explain biblical truths in everyday language
- Respond to the most common objections to Christianity

Extensive resources include 2 x DVDs, leader's and participants guides.

Blowing Your Cover

www.blowingyourcover.com

Blowing Your Cover is an evangelism training package consisting of 6 training sessions designed to equip people to share their faith confidently among their family and friends. The resource includes workbooks, leader's guide, including a 30 minutes

Leader's training programme, and a 2 x DVD Media Pack set. The course aims to take the mystery and guilt out of evangelism, equip church members to share their faith effectively, release people into their style of evangelism and enable the church to work evangelistically as a team, rather than as individuals.



Breaking News

www.philotrust.com

This course from one of our leading evangelist is designed to help Christians enthuse about their faith and then become confident and effective communicators. "It is very difficult to get half-full Christians to overflow!" says J John this course may help people fill up and begin to be more confident about sharing what they have.



Lost for Words

www.cpas.org.uk

This popular 6 week course in faith sharing is specifically designed for the 'non-expert', those who might shudder at the thought of evangelism, either because they feel it is not for them, or because they feel inadequate.

The aim of *Lost for Words* is to help ordinary Christians speak about their faith in the course of everyday life in a relaxed, natural and helpful way, so that others may discover and respond to God's love for them. The resource consists of 3 separate courses (for children, youth and adult) with leaders notes, a CD-ROM with PowerPoint presentations, handouts, activities, and publicity material.



The **Children's course** consists of 3 creative sessions using a variety of media. The sessions explore the story of what God is doing in his world and how children can play their part.

Age range: 5-11.

Length: 60 minutes per session.

The **Youth course** consists of 6 sessions packed with ideal activities for young people to explore what their faith means to them and how they share it with their peers.

Age range: 12-18

Length: 90 minutes per session

The **Adult course** has 6 interactive sessions and has been used effectively throughout the UK across the spectrum of church traditions.

Age range: 18+

Length: 120 minutes per session

Course Principles and Values:

- God is the evangelist.
- The Bible is the foundation for our understanding of evangelism.
- Prayer is the priority in personal evangelism.
- Evangelism is meant to be a part of the ministry of the whole church.
- The focus of evangelism is people's daily lives.
- The best motivation for evangelism is vision, not guilt.
- In evangelism training we need to minimise gift and personality projection.
- Relational evangelism is emphasised.
- Evangelism training needs to be part of an ongoing overall evangelistic strategy.
- All training material needs adapting to the local context.

Mind the Gap

www.agape.org.uk

This training course addresses the issue of the 'gap' between church culture and a society in which there is a great spiritual hunger. 6 workshops help participants understand better the context in which their church is set and consider what method of evangelism would work best. Each workshop uses video clips and the course comes on DVD with supporting materials on CD for printing off leaders' and participants notes.

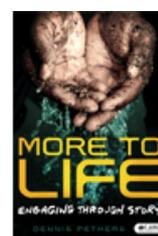


More to Life, Engaging Through Story

www.vizaviz.org

Practical, flexible and easy to deliver, Engaging Through Story contains six easy-to-run sessions that will help all believers to gain the confidence and desire to share their faith with others.

More to life and More to Christmas DVD's also available as easily shared stories of Christian faith.

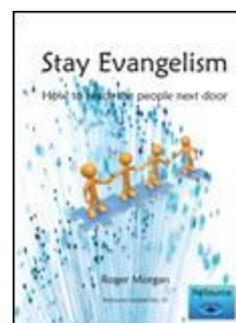


Stay Evangelism

www.resource-arm.net

This 32 page booklet by Roger Morgan who has many years as an evangelist and church leader is built around the central idea that there are 'stay' and 'go' evangelists. Stay evangelist engage with their local networks and communities to reach others for Christ, a ministry which is for all and is complemented by the specialist 'go' evangelist who may join the community for a short time for mission activity.

It contains some useful advice and testimony including thoughts on preparing and sharing your testimony.



XEE

www.ee-gb.org.uk

Evangelism Explosion is a well tried methodology in sharing faith using particular engagement techniques. This revamping for generation X and Y but being used across the generations comes in a slick booklet DVD presentation. The organisation is international and the DVD is Australian shot around Sydney so there are cross cultural issues. It majors on connecting with people in order to share the gospel and probably lacks genuine relational aspects of evangelism which have proved to be so important in the UK.



Leadership resources

Growing Leaders

www.cpas.org.uk

This practical resource from CPAS, is highly regarded as a well rounded year long course to prepare people for all sorts of Christian leadership. Over a year, its unique mix of teaching, mentoring and practical application focuses on:

- leadership rooted in Christ
- deepening commitment to long-term service
- essential skills for the task.



Emmaus - (Leading an Emmaus Group)

www.e-mmaus.org.uk

A resource to help set up and run a small group. Although specifically geared towards use with the *Emmaus* courses, it provides a wealth of practical advice on running any small group in the local church. Laying a biblical framework for group leadership, it includes information and advice on the following issues:

- the role of the leader in the group
- making newcomers to the group feel welcome
- how to prepare for each session
- leading Nurture and Growth groups
- how to use shared meals and retreats to help a group grow



Acknowledgments

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Our thanks also go to Andy Robb who designed and produced the icon graphics.