# **Local Resources**



## **Diocese of Oxford Safeguarding Team**

For urgent safeguarding concerns please call: 01865 208295 or email:

safeguardingreferrals@oxford.anglican.org, Mon-Thu 9am-5pm and Fri 9am-4.30pm.

A Safeguarding Referral Form (<a href="https://www.oxford.anglican.org/safeguarding/">https://www.oxford.anglican.org/safeguarding/</a>) needs to be used to refer safeguarding concerns to the diocesan safeguarding team. All phone or email referrals to the safeguarding team must be followed up by completing the Safeguarding Referral Form and returning it to: <a href="mailto:safeguardingreferrals@oxford.anglican.org">safeguardingreferrals@oxford.anglican.org</a>.

### For general safeguarding enquiries:

Please email <u>safeguarding@oxford.anglican.org</u>

#### To contact another member of the team details can be found here:

https://www.oxford.anglican.org/safeguarding/safeguarding-team/

## **Out of Hours Safeguarding Helpline:**

Please call: 0303 003 1111

For enquiries outside of operational hours of an urgent safeguarding nature, please call our partners <u>Thirtyone:eight</u> for confidential advice, guidance, and support.

## **Police**

## **Police**

At immediate risk of harm: 999

Not at immediate risk of harm: 101

Always call 999 in an emergency; if you are unable to speak on the phone, there are systems in place to connect you to the right service:

If you are calling from a **mobile phone**, you can use the **'Silent Solution'** system. **Press 55** and the operator will transfer the call to the relevant police force as an emergency. The police call handler will then ask you a series of simple yes/no questions. If you're still not able to speak, listen to the instructions you are given so the handler can assess your call and send help. Please note that calling from a mobile does not allow the police to track your location.

If you are calling from **a landline**, pressing '55' will not work. If you can't speak you should stay on the line and the operator will connect you to a police call handler. If you need to put the phone down, the line will stay open for 45 seconds. If you pick it up during this time and the operator is concerned for your safety, they will put you through to a police call handler. Calling 999 from a landline means the police may be able to retrieve information on your location to send help.

# Local Domestic Abuse Organisations & Helplines

## **Local Domestic Abuse Helplines**

**Aylesbury Women's Aid** 

01296 437777

**Berkshire Women's Aid** 

0808 801 0882

**East Berkshire and South Buckinghamshire - DASH** 

01753 549865

Milton Keynes – MK Act

0344 375 4307

**Oxfordshire** 

0800 731 0055

Slough - Hestia

0808 169 9975

**Wycombe Women's Aid** 

01494 449922

# Reducing the Risk of Domestic Abuse

Provides information for those experiencing domestic abuse and their supporters.

Provides information on housing, refuge services, injunctions and safety planning.

<a href="https://www.reducingtherisk.org.uk">https://www.reducingtherisk.org.uk</a>

## Flag DV

0800 731 0055, <u>www.flagdv.org.uk</u>
Provides free legal advice to victims of domestic abuse in Berkshire,
Buckinghamshire & Oxfordshire.

# **National Resources**

#### National Domestic Violence Helpline - 0808 2000 247

The Freephone 24 Hour National Domestic Violence Helpline run in partnership between Women's Aid and Refuge.

#### Women's Aid - 0808 2000 247 - www.womensaid.org.uk

Provides services for women and children who have been affected by domestic abuse, rape and sexual abuse.

#### **Refuge** - 0808 2000 247 - <u>www.refuge.org.uk</u>

A national charity which provides a wide range of specialist domestic abuse services to women and children. The Tech Abuse Chatbot also provides advice on safeguarding devices if a victim feels that they are being monitored by their abuser.

#### The Men's Advice Line - 0808 801 0327 - www.mensadviceline.org.uk

A confidential helpline for men experiencing domestic abuse from a partner, ex-partner or other family members.

#### Mankind Initiative - 0808 800 1170 - www.mankind.org.uk

Support for male victims of domestic abuse.

#### Rape Crisis - 0808 500 2222 - www.rapecrisis.org.uk

Rape Crisis Centres offer a range of services for women and girls who have been raped or experienced sexual abuse.

#### National Centre for Domestic Violence - 0800 970 2070 - www.ncdv.org.uk

The National Centre for Domestic Violence provides a free, fast emergency injunction service to survivors of domestic abuse.

# **National Resources**

#### NSPCC ChildLine - 0800 1111 - www.childline.org.uk

Free, confidential service for young people up to the age of 19. Get help and advice about a wide range of issues, over the phone, through online chat or online message boards.

#### NSPCC Helpline - 0808 800 5000 - www.nspcc.org.uk/what-you-can-do/report-abuse/

Free helpline service for anyone with concerns about a child's safety and wellbeing. They offer advice and support and can take action on your behalf if a child is in danger.

#### Galop - 0800 999 5428 - www.galop.org.uk/

Galop gives advice and support to LGBT people who have experienced hate crime, sexual violence and domestic abuse.

#### Respect - 0808 802 4040 - www.respectphoneline.org.uk

The Respect phone line is a confidential helpline offering advice, information and support to help you stop being violent and abusive to your partner.

#### Samaritans - 116 123 - www.samaritans.org

A 24-hour helpline for any person in emotional distress.

National Stalking Helpline - 0808 802 0300 - www.stalkinghelpline.org

# **National Resources**

#### Southall Black Sisters - 0208 571 0800 - http://www.southallblacksisters.org.uk/

Southall Black Sisters is a not-for-profit organisation who support Black, minoritised and migrant women in relation to gender-based abuse.

#### Karma Nirvana - 0800 5999 247 - http://www.karmanirvana.org.uk

Karma Nirvana supports those who suffer or are at risk of honour based abuse or forced marriage.

#### Forced Marriage Unit - 020 7008 0151 - www.gov.uk/forced-marriage

The Government's Forced Marriage Unit (FMU) is dedicated to preventing British nationals being forced into marriage overseas or assisting anyone in the UK faced with being forced into a marriage.

#### Hourglass - 0808 808 8141 - http://www.elderabuse.org.uk

A charity focused on the abuse and neglect of older people.

#### **Restored -** <u>http://www.restoredrelationships.org/</u>

Restored is a Christian Charity working to end violence against women and girls, and to equip the Church to stand against domestic abuse and support survivors.