

Moment Maker

How to make

1. Carefully cut out the square Moment Maker. You might need an adult to help you with some of these steps!
2. Fold the square in half from corner to corner making a triangle.
3. Fold the triangle from corner to corner again to make a smaller triangle.
4. Unfold the triangle back to a square and turn the paper over.
5. Fold the four corners to the centre of the square so you can see the coloured squares.
6. Turn the paper over, so you can see the practices.
7. Fold the four corners into the centre of the square to form a smaller square, so you can see the numbers.
8. Fold the square in half to form a rectangle so that the coloured squares are on the outside.
9. Push the four corners of the square into the centre and slide your thumbs and index fingers into one of each of the folds.

How to use

1. Choose one of the four colours.
2. Open and close the Moment Maker with your fingers once for every letter in the colour.
3. Choose a number from 1 to 8.
4. Open and close the Moment Maker that number of times.
5. Choose a number you can see and open the flap.
6. Have a go at the practice!
7. If you choose *Let's pray!*, spend time together praying in your own words.

